

MATINS OUTSIDE OF GREAT LENT¹ (Variable portions in bold)

MATINS AS PART OF A VIGIL	SUNDAY MORNING & POLYELEOS (<i>not a vigil</i>)	DAILY MATINS (Simple, Six-stichera, and Doxology)
	"Blessed is our God..."	"Blessed is our God..."
	Opening prayers, Royal Psalms (19, 20), etc.	Opening prayers, Royal Psalms (19, 20), etc.
	Short Augmented Litany	Litany: "Have mercy on us..."
	"Glory to the Holy Consubstantial..."	"Glory to the Holy Consubstantial..."
Six Psalms	Six Psalms	Six Psalms
Great Litany: "In peace, let us pray..."	Great Litany: "In peace, let us pray..."	Great Litany: "In peace, let us pray..."
God is the Lord, Troparion (M) ² (2x), Glory...now... Theotokion ³	God is the Lord, Troparia (O, M), Theotokion (CT)	God is the Lord, Troparion (M), Daily Dismissal Theotokion (CT). ⁴
Two kathisma readings (P) w/ sessional hymns (M) ⁵	Two kathisma readings w/ sessional hymns (O)	Two kathisma readings w/ sessional hymns (O)
Litany: "Again and again..."	Litany: "Again and again..."	Litany: "Again and again..."
Polyeleos	Polyeleos (<i>if appointed</i>)	
Megalyrnarion ⁶ (M)	Megalyrnarion (<i>if appointed</i>) (M)	
	Evlogitaria (<i>Sunday</i>)	
Litany: "Again and again..."	Litany: "Again and again..."	
Sessional hymns & Hymns of Ascent tone 4 "From my youth..."	Hypakoë & Hymns of Ascent (O)	
Prokeimenon ; "Let everything that breathes..." (tone 4)	Prokeimenon ; "Let everything that breathes..."	
Gospel (M)	Gospel (M) or Resurrectional Gospel (<i>Sunday</i>)	
	"Having beheld the Resurrection..." (<i>Sunday</i>)	
Psalm 50	Psalm 50	Psalm 50
"Glory...Through the prayers..." festal stichera (M)	"Glory...Through the prayers..."	
Great Intercession: "O God, save Thy people..."	Great Intercession: "O God, save Thy people..."	
Canons	Canons	Canons
Litany: "Again and again..."	Litany: "Again and again..."	Litany: "Again and again..."
	"Holy is the Lord our God" (<i>Sunday</i>)	

¹ Sources: *The Order of Divine Services* by Fekula & William; *Liturgics* by Abp. Averky; *The Typikon Decoded* by Abp. Job Getcha

² (M) indicates that a text is found in the Menaion; (O) Octoechos, (P) Psalter, (H) Horologion, (CT) Common Theotokia

³ Great Feasts: Troparion of the Feast (2x), Glory...Now and ever... Troparion of the Feast; Feasts of the Theotokos: Troparion of the feast (2x), Glory...now...troparion of the feast

⁴ According to the tone and day.

⁵ At Festal, Doxology, and Sunday Matins: insert little litany between each kathisma and its sessional hymns

⁶ Also called "Magnification"

		DOXOLOGY	SIMPLE & SIX STICHERA
Exapostilaria (M)	Exapostilarion (O, M)⁷	Exapostilarion (M)⁸	Exapostilarion (O or M)
Praises w/ <i>stichera</i> (M)	Praises w/ <i>stichera</i> (M)	Praises w/ <i>stichera</i> (M)	Praises read ⁹
Great Doxology sung	Great Doxology sung	Great Doxology sung	Lesser Doxology read
Troparion (M) or Resurrection troparion (Sunday)	Troparion (M) or Resurrection troparion (Sunday)	Troparion (M), theotokion (CT)	
Litany: "have mercy on us..."	Litany: "have mercy on us..."	Litany: "have mercy on us..."	
Litany: "Let us complete..."	Litany: "Let us complete..."	Litany: "Let us complete..."	Litany: "Let us complete..."
			Aposticha (O, M)
			"It is good to give praise to the Lord..."
			Trisagion...Lord's Prayer
			Troparion (M) and Theotokion (CT)
			Litany: "Have mercy on us..."
Prayer with Heads Bowed and Dismissal	Prayer with Heads Bowed and Dismissal	Dismissal	Dismissal
"O come, let us worship..." and First Hour	"O come, let us worship..." and First Hour	"O come, let us worship..." and First Hour ¹⁰	"O come, let us worship..." and First Hour ¹¹

GOD IS THE LORD

Sunday:

<i>Simple, Six-stichera, Doxology, Polyeleos, Vigil:</i> <ul style="list-style-type: none"> • Resurrectional troparion (2x) • Glory...Troparion of the Saint. • Now and ever... Resurrectional Theotokion in the same tone (CT) 	<i>Two saints in the Menaion:</i> <ul style="list-style-type: none"> • Resurrectional troparion (1x) • Troparion of the 1st Saint • Glory...Troparion of the 2nd Saint. • Now and ever...Resurrectional Theotokion in the same tone¹² (CT)
<i>Feast of the Theotokos:</i> <ul style="list-style-type: none"> • Resurrectional troparion (2x) • Glory...Now and ever... • Troparion of the Feast (M) 	<i>Forefeast, Afterfeast, or Leavetaking:</i> <ul style="list-style-type: none"> • Resurrectional troparion (2x) • Glory...Now and ever • Troparion of the forefeast or feast. (M)

Festal:

<i>One of the Twelve Great Feasts:</i> <ul style="list-style-type: none"> • Troparion of the Feast (2x) • Glory...Now and ever... • Troparion of the Feast (M) 	<i>Vigil for a Saint:</i> <ul style="list-style-type: none"> • Troparion of the saint (2x) • Glory...Now and ever... • Daily Dismissal Theotokion (CT)
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⁷ On Sunday: according to the corresponding Resurrectional Gospel, found in the back of the Octoechos, otherwise, Menaion.

⁸ The *Menaion* may indicate that the Exapostilaria from the *Octoechos* are to be used.

⁹ If there are verses in the *Menaion*, they are inserted between the concluding verses.

¹⁰ At festal Matins, First Hour begins following the full dismissal.

¹¹ At daily Matins, First Hour begins after "Establish, O God..."

¹² If a forefeast or afterfeast coincides, sing troparion of the forefeast or feast in place of the theotokion.

Weekday (Mon-Fri):

Simple, Six-stichera, Doxology, Polyeleos, Vigil: <ul style="list-style-type: none">• <i>Troparion from Menaion (2x)</i>• <i>Glory...Now and ever...</i>• <i>Daily Dismissal Theotokion (CT)</i>	Double Service <ul style="list-style-type: none">• <i>Troparion of first saint (2x)</i>• <i>Glory...Troparion of second saint</i>• <i>Now and ever... Daily Dismissal Theotokion (CT)</i>
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Saturday:

Vigil for saint: <ul style="list-style-type: none">• <i>Troparion of the saint (2x)</i>• <i>Glory...Now and ever...</i>• <i>Theotokion in the tone of the week (O)</i>	Double Service <ul style="list-style-type: none">• <i>Troparion of first saint (2x)</i>• <i>Glory...Troparion of second saint</i>• <i>Now and ever... Theotokion (according to the tone and day) (CT)</i>
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CANONS¹³

After the 3rd Ode: Katavasia,¹⁴ Little Litany, Sessional Hymns from *Menaion*, first Kontakion (*if double service*)

After the 6th Ode: Katavasia, Little Litany, Kontakion & Ikos

After the 8th Ode: “We praise, we bless, we worship the Lord, praising and supremely exalting Him unto all ages.” Katavasia

Before the 9th Ode: Magnificat: “My soul magnifies the Lord...”

After the 9th Ode: Katavasia, “It is truly meet...” (*if simple service*), Little Litany

Sunday:

Simple Service <ul style="list-style-type: none">• <i>Resurrection: Irmos, 2 troparia, Theotokion (O)</i>¹⁵• <i>Cross & Resurrection: 3 troparia (O)</i>• <i>Theotokos: 3 troparia (O)</i>• <i>Saint of the day: 4 troparia (M)</i>	Double Service <ul style="list-style-type: none">• <i>Resurrection: Irmos, 2 troparia, Theotokion (O)</i>• <i>Theotokos: 2 troparia (O)</i>• <i>First Saint: 4 troparia (M)</i>• <i>Second Saint: 4 troparia (M)</i>	Six-Stichera, Doxology, & Polyeleos <ul style="list-style-type: none">• <i>Resurrection: Irmos, 2 troparia, Theotokion (O)</i>• <i>Cross & Resurrection: 2 troparia (O)</i>• <i>Theotokos: 2 troparia (O)</i>• <i>Saint of the day: 6 troparia (M)</i>
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Weekday:

Simple service:

Monday through Friday <ul style="list-style-type: none">• <i>Irmos, four troparia, Theotokion from first canon (O)</i>• <i>Four troparia from second canon (O).</i>• <i>Four troparia (M)</i>	Saturday (In temple dedicated to saint) <ul style="list-style-type: none">• <i>Six troparia (including irmos, twice) (M)</i>• <i>Four troparia from canon of the temple (M)</i>• <i>Four troparia from the first canon (O) (for all Saints).</i>
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Double service:

Monday, Tuesday, Thursday <ul style="list-style-type: none">• <i>Irmos, four troparia, Theotokion from first canon (O)</i>• <i>Four troparia of first saint (M)</i>• <i>Four troparia of 2nd saint (M)</i>	Wednesday and Friday <ul style="list-style-type: none">• <i>Irmos, two troparia, Theotokion from first canon (O)</i>• <i>Four troparia from 2nd canon in (O)</i>• <i>Three troparia of first saint (M)</i>• <i>Three troparia of second saint (M)</i>	Saturday (In temple dedicated to saint) <ul style="list-style-type: none">• <i>Six troparia (including irmos, twice) of first saint (M)</i>• <i>Four troparia of second saint (M)</i>• <i>Four troparia from the first canon in the (O) (for All Saints).</i>
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Six-Stichera service:

Mon, Tue, Wed, & Fri <ul style="list-style-type: none">• <i>Irmos, two troparia, Theotokion from first canon (O)</i>• <i>Four troparia from second canon (O)</i>• <i>Six troparia from the (M)</i>	Thursday <ul style="list-style-type: none">• <i>Irmos, three troparia, Theotokion from first canon (O)</i>• <i>Three troparia from second canon (O) (incl. Theotokion)</i>• <i>Six troparia of first saint from (M)</i>	Saturday (In temple dedicated to saint) <ul style="list-style-type: none">• <i>Six troparia (including irmos, 2x) (M)</i>• <i>Four troparia from the canon of the temple (M)</i>• <i>Four troparia from the first (O) (for all Saints).</i>
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¹³ Source: *Order of Divine Services*, by Williams and Fekula

¹⁴ For Polyeleos or higher, there is a katavasia after every ode.

¹⁵ (O) indicates that the text is found in the Octoechos, (M) indicates Menaion.

Doxology service:

Monday through Friday <ul style="list-style-type: none"> [Same as six-stichera] 	Saturday (In temple dedicated to saint) <ul style="list-style-type: none"> Six troparia (including irmos, 2x) from canon to the Theotokos, in the tone of the week (from preceding Sunday) (O) Eight troparia from the Menaion
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Polyeleos service:

Weekdays in all temples, and Saturday in temple dedicated to saint <ul style="list-style-type: none"> Six troparia (including irmos, 2x) from canon of Supplication to the Theotokos (M) Four troparia from the first canon (M) Four troparia from the second canon (M)

EXAPOSTILARIA**Sunday:**

<ul style="list-style-type: none"> According to the corresponding Resurrectional Gospel in the back of the Octoechos. Glory... (From the Menaion if available) Now and ever... Theotokion (According to the corresponding Resurrectional Gospel in back of Octoechos)

Weekday:

Simple service, Six-stichera: <ul style="list-style-type: none"> Exapostilarion from the Octoechos Glory... (From the Menaion if available) now and ever...Theotokion (or Stavrotheotokion) from the Octoechos. On Saturday: Menaion, Glory...Octoechos. Now and ever...Theotokion (O)	Doxology, Polyeleos: <ul style="list-style-type: none"> Exapostilarion from the Menaion Glory...Now and ever... Theotokion from the Menaion.
If there is an Exapostilarion for one saint:¹⁶ <ul style="list-style-type: none"> Exapostilarion from the Octoechos (see below); Glory... Exapostilarion from the Menaion; now and ever...Theotokion from Menaion or Stavrotheotokion from the Octoechos (see below). On Saturday: Same as Simple and Six-stichera	If there is an Exapostilarion for both saints: <ul style="list-style-type: none"> Exapostilarion for first saint; Glory... Exapostilarion for second saint; now and ever...Theotokion¹⁷ On Saturday: Exapostilaria for the saints (in the order they appear in the Menaion), Glory...(O), Now and ever...Theotokion (O)

PRAISES**Sunday:**

Eight stichoi with stichera from the Octoechos Glory...Sticheron according to the Resurrectional Gospel Now and ever...Most blessed art thou, O Virgin Theotokos...

Weekday:

Simple & Double services: Read, rather than sing, Praises
Six-Stichera: Read praises unless stichera provided in Menaion, in which case, first two verses are read, then insert verses from the Menaion between concluding verses.
Doxology & Polyeleos: Sing first two verses in tone of the first sticheron; Then chant four stichera from the Menaion, Glory...Doxasticon from Menaion, Now and ever...Theotokion.

¹⁶ If there is no Exapostilarion for either saint, same as Simple and Six-stichera

¹⁷ From Menaion or Stavrotheotokion from the Octoechos

APOSTICHA (only on weekdays)

<p>Simple, Double, and Six-Stichera Services:</p> <ul style="list-style-type: none"> • Stichera and verses (O) • Glory...(Doxasticon from Menaion, if available) • Now and ever...Theotokion (O) 	<p>Simple, Double, and Six-Stichera Service on Saturday:</p> <ul style="list-style-type: none"> • First three stichera given at praises (for the Martyrs) in the Octoechos w/ usual Aposticha refrains (“We were filled in the morning...”) • Glory...Doxasticon (M) • Now and ever...Theotokion (M)
<p>Sunday, Doxology, Polyeleos, Vigil: No Aposticha</p>	

Things to keep in mind:

- During the reading of the Six Psalms, there is no movement, sitting, or talking (by anyone but the reader). The Sign of the Cross is not made.
- A total of no more than fourteen verses (including irmoi, troparia, and theotokia) are included in each ode of the canons.
- At the Eighth Ode of the Canon, rather than “Glory to the Father...” we say “Let us bless Father, Son, and Holy Spirit, the Lord.”
- For Simple and Doxology service: Katavasia (i.e. the irmos of the last canon) after third, sixth, eighth, and ninth odes.
- For Polyeleos and higher: Seasonal katavasia after every ode.
- Aposticha only in Daily Matins.

NOTES:

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